

Targeting Health: Stress Management (TG225)

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Artwork Location and Sources

Location	Source
Section I	
Lesson1.doc	
Cover, pp. 1, 3, 4a, 10a, 11, & 15a-c	Main Street Graphics
Pp. 2, 6, & 15d	Corel Gallery
Pp. 4b-d & 5b	Henry M. Jackson Foundation For The Advancement Of Military Medicine
Lesson1.ppt (Overheads)	
OH-1, 4, 6, 17, 21, 25, & 26	Main Street Graphics
OH-7, 8b, & 9	Henry M. Jackson Foundation For The Advancement Of Military Medicine
OH-8a & 13	Corel Gallery
Lesson2.doc	
Cover, pp. 1, 3a-b, 4, 5, 7, 10a-b, 15a-c	Main Street Graphics
P. 13	Corel Gallery
P. 14	Parlay International
Lesson2.ppt (Overheads)	
Cover, OH-2,3,4,8,9,11,17,18,23, & 24	Main Street Graphics
OH-14 & 22	Corel Gallery
Lesson3.doc	
Cover, p. 3, 4, & 21a-c	Main Street Graphics

Pp. 11, 17 & 20	Corel Gallery
Lesson3.ppt (Overheads)	
OH-1, 3, 4, 14, 17, 20, 21, & 22	Main Street Graphics
OH-15, 18, & 19	Corel Gallery
Lesson4.doc	
Cover, pp. 3, 5, 6, 10a, 15, & 16a-b	Main Street Graphics
Pp. 4, 9, 10b, & 14	Corel Gallery
Lesson4.ppt (Overheads)	
OH-1, 8, 13, 29, 32, & 33	Main Street Graphics
OH-3, 5a-b, 12, 14, 17, & 25	Corel Gallery
Special Articles	
The Nutrition and Stress Connection	
Cover	Main Street Graphics
Pp. 1, 2, 4, 7, & 8	Corel Gallery
P. 6	Henry M. Jackson Foundation For The Advancement Of Military Medicine
Exercise and Stress	
Cover	Main Street Graphics
Pp. 1, 2, 4, 5, & 15	Corel Gallery
Pp. 7, 10-14, 16-17	Fm 21-20
A Guide for Senior Leaders	
Cover	Main Street Graphics
Pp. 1, 4, 5, & 7	Corel Gallery
Stress and Combat Performance	
Cover	Main Street Graphics
Pp. 1, 2, 5, & 18	Army Public Affairs
Pp. 7	Corel Gallery
Section II	
Cover	Parlay International
Suicidebro.doc & Suicidebw.doc	Corel Gallery
Section III	DA PAM 600-63-10

Military Sources:

Department of the Army (1987, September). Department of the Army Pamphlet (DA PAM) 600-63-10, *Fit to Win: Stress Management*. Washington, D.C.: Author.

Department of the Army (1992). U.S. Army Field Manual No. 21-20. *Physical Fitness Training*. Washington, D.C.: Author.

Office of the Secretary of the Army (Public Affairs). Additional photos are available either at

- ArmyLink at <http://www.dtic.mil/armylink/photos/>
- Joint Combat Camera Center at <http://dodimagery.afis.osd.mil/>
- Department of Defense Media Center at <http://www.dodmedia.osd.mil/>

Field Manuals, Army Regulations, Graphic Training Aids, and Department of the Army Pamphlets may be accessed through

- the Army Doctrine and Training Digital Library at <http://www.atsc-army.org/atdls.html> or
- the U.S. Army Publishing Agency at <http://www-usappc.hoffman.army.mil/gils/gils.html>.

Special thanks to Mr. Jerry A. Palinsky, Jr., Ms. Marilyn Swantkowski, Mr. Gene Gall, and Mr. David Jones for assistance in preparing the CD-ROM version of this publication.

MAJ Mark K. Davis/DSN 584-4656

Email: MAJ_Mark_Davis@chppm-ccmail.apgea.army.mil